

EFPA EMC 11/2021: Project Group to develop a conceptual paper on psychotherapy practiced by psychologists

Call for nominations to Member Associations

Dear colleagues,

This is a call for nomination to a new EFPA Project Group to develop a conceptual paper on psychotherapy practiced by psychologists.

Background:

Following several discussions and considering the needs of our Member Associations, the General Assembly in Moscow approved the creation of a project group to develop a conceptual framework for psychotherapy practiced by psychologists.

According to the General Assembly decision, the mission of this project group would be “to develop specific guidelines around psychotherapy practiced by psychologist, based on the **Amsterdam 2017 GA definition on psychotherapy**” .

The work of the Project Group would need to take into consideration and build upon the existing Training Standards for Psychologist Practicing Psychotherapy and the six guiding principles for psychologists practicing psychotherapy as outlined in the EuroPsy specialist certificate application form.

The six guiding principles are identified as follows:

- *Principle 1: Psychologists as Psychotherapists*
- *Principle 2: Inquiry and Communication*
- *Principle 3: Psychotherapeutic Practice and Understanding*
- *Principle 4: Personal and Professional Development*
- *Principle 5: Ethical and Competent Practice*
- *Principle 6: Re-accreditation of the EuroPsy Specialist Certificate and Further Professional Development*

Furthermore, there is a need to avoid significant overlap with the work of the Working Group on Regulations.

Project definition:

The Project Group on Psychotherapy practiced by psychologists is to draft a conceptual paper on psychologists practicing psychotherapy, their practice, necessary competencies and required basic and specialization training.

Due to the potential for some overlap, the convenors of the Project Group on Psychotherapy and the Working Group on Regulation will keep regular contact to avoid duplication.

Project deliverables:

1. A conceptual paper of up to 10 pages to be delivered to the EC.
2. The PG Pt will produce a brief written report on progress and submit to the EC every two months. These reports will be a standing agenda item for the EC. In this way, the EC can monitor progress and address any issues in a timely manner.

Project deadline:

One year from the creation of the PG. Given time for nominations and initial set up, it is anticipated that the project will start in September 2021 at latest.

Due to current status and restrictions, the PG is to work online. Thus, the recommended timeframe is for one (1) virtual meeting per month. No travel/meeting costs are expected to be incurred for MAs, as a result.

Project members:

Member associations are called upon to nominate psychologists with experience and expertise in the following areas:

- Practice of psychotherapy in different fields of application (e.g., mental health, somatic health, private practice and public health),

AND one or more of the following:

- Training of psychologists specialized in psychotherapy
- Experience in developing standards of training of psychologists in psychotherapy competencies, and CPD at a national and/or international level
- Experience and demonstrated knowledge of the EuroPsy specialist certificate for psychologists specialized in Psychotherapy as demonstrated by membership at a local S-NAC in Psychotherapy
- Experience and expertise in research on psychotherapy practiced by psychologists as evidenced in peer-reviewed publications and/or presentations in conferences.

Nomination form and deadline

The **nomination form** can be found at this **link**. (<https://www.surveymonkey.com/r/M39F7MX>)

It is very important that countries with a significant stake in this topic and with considerable expertise on the issues do nominate so they are fully represented.

Nomination deadline: June 21st, 2021

Notes:

- Longstanding experience as a psychologist practicing psychotherapy alone is not sufficient for a person to be nominated to the group.
- The chair of the S-EAC Psychotherapy, which oversees the implementation of the Specialist-EuroPsy certificate for Psychologists specializing in Psychotherapy will be a member of the project group.

Reporting:

The Project Group on Psychotherapy will report directly to the EC as a separate independent project group.

EFPA EC Liaison: Eleni Karayianni

We look forward to hearing from you.

With any questions please ask headoffice@efpa.eu

On behalf of the Executive Council

Eleni Karayianni, EC member

Please note that due to Belgian government measures related to the Coronavirus (COVID-19) the EFPA team is working from home until further notice.

Sabine Steyaert | Director

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